

Snacks	Mains	Fruit	Extras	Veggie	Breakfasts	Shopping List
Ants on a log	Cheese and sausage	Apple	Applesauce	Cherry Tomatoes	Scrambled eggs	animal crackers
						applesauce
cheese stick and apple slices	Ham or Turkey sandwich	Berries	Popcorn	Pepper sticks	cereal	bagel
						bananas
Peanut butter banana roll up	Pita pizza	Orange slices	Animal crackers	Carrots	oatmeal	berries
						bread
Granola and yogurt and fruit	Pita, hummus and veggies	Clementine	Yogurt Pretzels	Cucumbers	french toast	Carrots
						celery
Banana Muffin	Pasta	Peach	Dried fruit	Celery	Pancakes	cheese
						Cherry Tomatoes
Graham Cracker and Applesauce	Peanut Butter and Jelly	Grapes	yogurt and granola	Peas	toast	cream cheese
						cucumbers
Fruit salad + pita	bagel and cream cheese	Banana			waffles	dried fruit
						graham crackers
						Granola
						grapes
						ham
						hummus
						jelly
						oranges
						pasta
						peaches
						Peanut Butter
						Peas
						Pepper sticks
						peppers
						pitas
						popcorn
						Raisins
						red sauce
						sausage
						small pitas
						tomatoes
						tortillas
						turkey
						Yogurt
						yogurt pretzels